

CURRICULUM VITAE

JULIA EILENBERG, MD

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EDUCATION

- 1985-1989 Cornell University Medical College, New York, NY
Doctor of Medicine
- 1982-1984 School of General Studies, Columbia University, New York, NY
Postgraduate pre-medical studies program
- 1979-1982 Barnard College, New York, NY
BA, *Summa Cum Laude*, May 1982, Major: Classical Languages

TRAINING

- 1993-1994 Fellow in Public Psychiatry: New York State Psychiatric Institute & Columbia-Presbyterian Medical Center, New York, NY
- 1990-1993 Resident in Psychiatry: New York State Psychiatric Institute & Columbia-Presbyterian Medical Center, New York, NY
- 1989-1990 Intern in Medicine, St. Vincent's Hospital, New York, NY

LICENSURE & CERTIFICATION

- 1995 Certified in Psychiatry, American Board of Psychiatry & Neurology,
#40919 (4/95 -12/05)
Recertified 2005- 2015. (Score = 89%, passing standard = 67%)
- 1990 New York State Licensure #182560; DEA #BE2940167
- 1990 Diplomat, National Board of Medical Examiners

PROFESSIONAL EXPERIENCE

- 3/2005 - Present Private Practice Psychiatrist, Rhinebeck, NY
Offering office-based treatment, including evaluations, medication management, and psychotherapy for mid-life and older adults, late teens and college students.
Specialized in complex, multi-faceted and treatment resistant cases.
- 3/2005 – 6/2009 Consulting Psychiatrist, Astor Services for Children, BOCES Alternative High School, Poughkeepsie, NY Provided psychiatric consultation and team oversight to high school-based mental health treatment program.
- 10/2004 – 7/05 Consulting Psychiatrist, Ulster County Mental Health Department, Kingston NY
Provided psychiatric services, including evaluations, medication management and supervision, for home-based program for troubled youths and their families.

- 2000-2004 Clinical & Medical Director, Ulster County Mental Health Department, Kingston NY
Held senior management position, providing clinical oversight for entire county public mental health, MR/DD, and substance abuse service system. Also responsible for clinical operations for Ulster County Mental Health Department outpatient clinics, serving 5,000 patients annually.
Highlights: Promoted and developed best practices throughout county system, with emphasis on collaborative approaches for difficult to serve mentally ill; including Assertive Community Treatment, Mandated Outpatient Treatment, Integrated Housing and Case Management, Centralized Risk Management system), Hospital Diversion Programs, and Special Needs programs. Insistence on regulatory adherence led to improved documentation standards and highest audit ratings from State OMH, OASAS & Federal Payers. Direct care activities included psychiatric evaluations (including forensic evaluations), crisis interventions and medication management.
- 1994-2000 Medical Director, Ulster County Mental Health Department, Kingston, NY
Provided clinical supervision and medical services in outpatient mental health department. Responsible for employing and supervising 14 psychiatrists. Direct care delivered in varied settings: adult mental health units, substance abuse programs including methadone maintenance, child and family services, and forensic program.
Highlights: Upgraded professional caliber of services by recruiting highly qualified psychiatry staff. Implemented multi-modal treatment teams and developed and monitored productivity targets. Created patient responsive, medically informed programs for severely ill patients and families. Initiated and implemented accountable models for supervision and case review. Conducted staff trainings.
- 1993-1994 Staff Psychiatrist, Ulster County Mental Health Department, Kingston, NY
- 1991-1993 Doctor On Call, Regent Hospital, New York, NY
- 1990-1991 Psychiatric Consultant, Adolescent Medicine Clinic, Morristown Memorial Hospital, Morristown, NJ
- 1984-1985 Case Manager, Fountain House, New York, NY
Delivered intensive case support in rehabilitation program for clients with serious mental illness.

ACADEMIC APPOINTMENTS AND TEACHING

- 1996-2010 Assistant Clinical Professor of Psychiatry, Fellowship in Public Psychiatry, College of Physicians & Surgeons, Columbia University, New York, NY
Lead management seminar on challenges of medical leadership in public sector mental health settings. Supervision to two fellows in placements projects at UCMHD.
- 1994-1996 Post-doctoral Research Fellow in Psychiatry, Department Of Clinical Psychobiology, College of Physicians & Surgeons, Columbia University, New York, NY

RESEARCH EXPERIENCE

- 1994-1996 **APA Mental Health Services Research Young Investigator Fellowship**
Funded for first year of two-year pilot study to determine levels of functional disability in severely mentally ill outpatients with primary diagnosis of PTSD.
- 1992-1993 **Research Elective: Department of Psychiatry, Presbyterian Hospital**
Retrospective study of abuse and trauma histories gathered on all patients treated in outpatient clinic

HONORS & AWARDS

- 2004 **YWCA of Ulster County** Tribute to Women Award
- 2002 **Office of Mental Health** Excellence in Service Award
- 2000 **National Association of Counties (NACO) Organization's** Award for Clinical Case Review System Implemented at Ulster County Mental Health Department
- 1993 **New York State Psychiatric Institute** Alumni Fund Award for Resident Research
- 1991 **Mead Johnson Fellow** in Psychiatric, American Psychiatric Association
- 1989 Summer Research Fellow, **Morgan Guaranty Community Services**
- 1988 **NIH Summer Research Fellow**, Cornell University Medical College
- 1982 **Phi Beta Kappa**, Barnard College Chapter

FELLOWSHIP & GRANT SUPPORT

- 1994-1995 American Psychiatric Association Young Investigator Fellowship for Research Development in Psychiatric Services Research (\$15,000)
- 1992 Women & Violence Project, Co-Investigator (5,000).

PROFESSIONAL AND COMMUNITY ORGANIZATIONS

- 2008- Present Rhinebeck Science Foundation, Grant Review Committee
- 2005- 2007 Psychiatric Consultant, PEOPLE, Inc., Poughkeepsie, NY (Consumer Run Advocacy and Peer Support Services)
- 2003-2004 Ad Hoc Committee to Address School Social Climate, Reporting to District Strategic Planning Team, Rhinebeck Central School District
- 2002-2004 Secretary, Mid-Hudson Psychiatric Society
- 1994-Present American Association of Community Psychiatrists, General Member
- 1990-Present American Psychiatric Association: General Member
- 1995-1998 Professional Advisory Committee, US Home Care, Kingston, NY

PUBLICATIONS

Posner J, Eilenberg J, Friedman J, Fullilove M: "Quality and Use of Trauma Histories Obtained From Psychiatric Outpatients: A Ten-Year Follow-Up." *Psychiatric Services* 2008; 59(3): 318-321

Eilenberg J, Townsend E, Oudens E: "Who's in Charge Here Anyway? Managing the Management Split in Mental Health Organizations." *Administration and Policy in Mental Health* 2000; 27(5):287-297

Ranz J, Eilenberg J, Rosenheck S: "The Psychiatrist's Role as Medical Director: Task Distributions and Job Satisfaction." *Psychiatric Services* 1997; 48(7): 915-920

Schwartz A, Eilenberg J, Fullilove M: "Clinical Case Conference: Gloria's Despair: Struggling Against the Odds." *American Journal of Psychiatry* 1996; 153 (10):1334-1338.

Eilenberg J, Fullilove M, Goldman R, Mellman L: "Quality and Use of Trauma Histories Obtained from Psychiatric Outpatients Through Mandated Inquiry." *Psychiatric Services* 1996; 47(2):165-169

Eilenberg J: "Violence Against Women: The Public Health Challenge." *Current Issues in Public Health* 1995; 1:82-89

Bell R, Duncan M, Eilenberg J, Fullilove M, Hien D, Innes L, Mellman L, Panzer P: "Violence Against Women in the United States: A Comprehensive Background Paper." *The Commonwealth Fund Commission on Women's Health*, November 1995

PRESENTATIONS AND LECTURES

Numerous community based teachings and panel presentations to: Rhinebeck Elementary School and Middle School Students, and to Rhinebeck Community Forum on Substance Use. (2007-present)

Eilenberg, J "Attachment and Attachment Disruptions: Does Bad Parenting Lead to Mental Illness Later On?" Lecture to Staff and Astor Clinic and Ulster County Dept. of Mental Health, 2006, 2007, Poughkeepsie and Kingston, NY

Eilenberg, J. "Greeting the MEDI-MICA Challenge: An Approach to Co-Occurring Medical, Mental Illness and Substance Abuse." MICA Task Force, September 2005, Albany New York

Eilenberg J. "Who's in Charge Here Anyway? Managing the Management Split in Mental Health Organizations." *American Association of Psychiatric Administrator's Annual Meeting*, April 1999, New York, NY

Ranz JM, Eilenberg J, & McQuiston HL. "The Role of the Psychiatrist as Medical Director." *48th Institute on Psychiatric Services*, October 1996, Chicago, IL

Eilenberg J, Gurian J, Rainbow P, & Consumer. "What We've Learned So Far: Experiences of the Trauma Treatment Track at Ulster County Mental Health Clinic." *Mastering the Key Connection: A Clinical Training Conference*, April 1996, Albany, NY

Fullilove MT, Eilenberg J, Kobayashi J, Adelman S, & Panzer PG. "Diverse People, Diverse Places." *Symposium at the American Psychiatric Association Annual Meeting*, May 1995, Miami Beach, FL

Eilenberg J. "Traumatic Events, Post-Traumatic Symptoms: A Neglected Dimension of Psychiatric Assessment." *Grand Rounds, Department of Psychiatry, Metropolitan Hospital & New York Medical College*, September 1994, New York, NY

Fullilove MT, Mellman L, Eilenberg J, Panzer PG & Innes L. "Trauma: Research Findings & Clinical Considerations." *New York State Psychiatric Institute Annual Scientific Conference*, November 1993, NY

Eilenberg, J. "Managing Anxieties and Phobias." Regional NAMI Meeting, October 1993, Poughkeepsie, NY

Eilenberg J, Holly, SF. "Women Living on the Edge: Theoretical & Clinical Perspectives on Disadvantaged Women." *Institute on Hospital & Community Psychiatry*, October 1992, Toronto, Canada

REFERENCES: Furnished upon request.